

# Mimi Clifton – SouthCoast Kayaks

American Canoe Association (ACA)  
National Outdoor Leadership School (NOLS)  
British Canoe Union (BCU)

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## COURSE INFORMATION AND REGISTRATION

**KAYAK CAMPING 101** – This class will teach you how to pack your kayak for an overnight trip. We'll go over what to bring and how to pack it. Kayaks come in different lengths, widths and heights. If your desire is to go on an extended trip with your boat, you'll want everything you need to enjoy your stay in the wilderness. **4-hour duration.**

### Course Fee

The \$75 course fee is payable upon registration. This amount includes instruction, insurance, handouts, snacks and rental fee for boat and equipment. Please make check payable to Mimi Clifton and mail to the above address.

### About Me

I am certified through the American Canoe Association as an Open Water Coastal Kayak, Traditional Kayak and Flatwater Canoe (both tandem and solo) Instructor. I completed a 30-day Ocean Kayak Educator Course in British Columbia through the National Outdoor Leadership School and hold a 3 Star award with the British Canoe Union. I have also completed 4 Star BCU training. I have been teaching canoe for 10 years and kayak for 7 years. My approach to instruction is fun, non-threatening, and motivational, with an emphasis on the acquisition of safe, sound skills. When traveling in the wilderness, I practice and promote Leave No Trace skills and ethics.

### What to Bring

Dress comfortably and bring layers appropriate to the day's weather. Participants should bring snacks, drinks, sunscreen, hat, sunglasses and whatever else you need to be comfortable outdoors. This is an on land class.

### What Time and Where

The class is from 10:00 a.m. to 2:00 p.m. and is taught on a freshwater lake in Holden, Louisiana. **Directions will be provided upon receipt of your completed registration form and check.**

**To Register:** send the section below with payment to Mimi Clifton at the above address.

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**Registration, Confidential Medical and Emergency Information**                      **4-hr. Kayak Camping:** \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address \_\_\_\_\_

Emergency contact \_\_\_\_\_

Name	Phone	Relationship to you
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Please list any medications, allergies, or medical conditions I need to know in case of emergency:  
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